



Pre Ed Firefighter Session Plan

Duration: 40 minutes

For Childcare, Pre-School, and Kindergarten (Early Years Learning Framework and Early Stage 1)

Note to Educators

Firefighters delivering Pre Ed to Early Childhood Education and Care Services and Kindergarten are instructed to follow this session plan script.

The Firefighter Session has been designed to reiterate and consolidate the content taught during the educator-led lessons.

If Firefighters are delivering this session to students with Diverse Learning Needs, please read the plan to determine its appropriateness. If you would like to make amendments, please let the Firefighters know when booking the session.

Please note, the fire truck is no longer used as part of the education session. Fire truck play has engagement rather than educational outcomes. To organise a pure engagement activity, fire truck play can be booked separately through your local fire station. To understand why we have separated the fire truck from the education programs, read the [Evaluation Report](#).

Topics: Introduction; Firefighter Familiarisation; Home Fire Escape Drill; Stop, Drop, Cover, and Roll; Ask a Firefighter.

Resources: Structural Firefighting PPC, SCBA, Battery Operated Smoke Alarm, Brigade Kids Activity Books, Home Fire Safety Visual Guides.

Topics	Time	Content	Resources
Introduction All Firefighters	3 mins	<p>Introduce yourselves by your first name, rank, station, and let the students know how long you have been a firefighter and what you like about being a firefighter.</p> <p><i>Hello everyone. My name is Cam, and I am a Firefighter at Redfern. I have been a firefighter for 5 years and my favourite thing about my job is that I get to drive the big red truck.</i></p> <p>Ensure each firefighter introduces themselves.</p> <p>Give students a brief lesson overview.</p> <p><i>Today, we will be talking about what firefighters do, what we wear to keep safe in a fire, and how to safely get our attention if you are trapped in a house that is on fire. We are then going to watch you practice your home fire escape drill and what to do if your clothes catch on fire. We will answer your questions at the end.</i></p>	Introduction
Firefighter Familiarisation Firefighters 1 & 2	12 mins	<p>What do firefighters do? <i>Can anyone tell me what firefighters do?</i> Reinforce all correct responses and address any misconceptions.</p> <p>What do firefighters look like in their special protective clothing and equipment? <i>Now, the Firefighter is going to get dressed for a fire. Do you think the Firefighter can go into a fire in what they are wearing now? No, of course not. We need special clothing to protect us from heat, smoke, and fire.</i></p> <p><i>As the firefighter gets dressed, I want you to tell us what they are putting on and why they need to wear it to stay safe in a fire.</i></p> <p>Have a firefighter slowly dress up in their structural PPC and SCBA. As the firefighter puts on an item of clothing or piece of equipment, have students label each item and explain its purpose or what it protects.</p> <ul style="list-style-type: none"> - <i>Over-pants – to protect our legs from heat and sharp objects.</i> - <i>Boots – to protect our feet.</i> 	<p>Discussion</p> <p>Structural PPC and SCBA</p> <p>Demonstration – Firefighter gets dressed</p>

	<ul style="list-style-type: none">- <i>Flash hood – to protect our head and neck from heat.</i>- <i>Jacket – to protect our arms and bodies.</i>- <i>Radio (or walkie talkie) – so that we can talk to each other when we are fighting a fire.</i>- <i>Torch – so that we can see at night and when we are in a dark, smokey environment.</i>- <i>Air cylinder – like a backpack full of air that we carry with us.</i>- <i>Facemask or mask – which is connected to our air cylinder and lets us breathe in clean air when we go into a fire.</i> <p><i>Now, listen very carefully. Before the firefighter puts their facemask on, can you hear them breathe?</i></p> <p>Firefighter breathes normally.</p> <p><i>Let's see what the firefighter sounds like when they put their facemask on and start to breathe the air that is in their air cylinder/backpack.</i></p> <p>Turn air on. Don mask. Breathe.</p> <p><i>Listen. The firefighter sounds different now. This is what a firefighter will sound like when they go into a fire. If you hear this sound, it means that a firefighter is here to rescue you.</i></p> <p><i>Now, we have two more special things to put on before we go into a fire.</i></p> <ul style="list-style-type: none">- <i>Helmet – to protect our heads from sharp objects and heat.</i>- <i>Gloves – to protect our hands.</i> <p>Getting the Attention of a Firefighter</p> <p><i>If you are trapped in your home because of a fire, it is important that you let us know where you are.</i></p> <p><i>How do you think you could get the firefighter's attention if they were looking for you?</i></p> <p>Firefighter in PPC and SCBA crawls on the ground away from the students, as if looking for them.</p>	<p>Practical Activity – Firefighter stays dressed</p>
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<p>Home Fire Escape Drill Firefighters 3 & 4</p>	<p>15 mins</p>	<p>Home Fire Escape Drill <i>Now, have you been practising how to safely escape if your house is on fire? There are eight steps. Do you remember them?</i></p> <p>Read out each step in order and get a firefighter to demonstrate.</p> <table border="1" data-bbox="577 938 1823 1369"> <thead> <tr> <th data-bbox="577 938 622 1018"></th> <th data-bbox="622 938 965 1018">Steps</th> <th data-bbox="965 938 1823 1018">Key Points to Emphasise</th> </tr> </thead> <tbody> <tr> <td data-bbox="577 1018 622 1129">1</td> <td data-bbox="622 1018 965 1129">Get down low and go, go, go</td> <td data-bbox="965 1018 1823 1129"><i>Get down low under smoke (this is where the air is cooler and easier to breathe) and get out of the house (away from the fire).</i></td> </tr> <tr> <td data-bbox="577 1129 622 1225">2</td> <td data-bbox="622 1129 965 1225">Shout “Fire, Fire, Fire!”</td> <td data-bbox="965 1129 1823 1225"><i>Shouting “Fire” will warn others of the fire, but you must continue to get out of the house.</i></td> </tr> <tr> <td data-bbox="577 1225 622 1321">3</td> <td data-bbox="622 1225 965 1321">Hold the back of your hand up to the door</td> <td data-bbox="965 1225 1823 1321"><i>Check for heat. If the door is hot, there is a fire on the other side, and you need to take another escape route.</i></td> </tr> <tr> <td data-bbox="577 1321 622 1369">4</td> <td data-bbox="622 1321 965 1369">Close doors behind you</td> <td data-bbox="965 1321 1823 1369"><i>This helps stop the fire from spreading.</i></td> </tr> </tbody> </table>		Steps	Key Points to Emphasise	1	Get down low and go, go, go	<i>Get down low under smoke (this is where the air is cooler and easier to breathe) and get out of the house (away from the fire).</i>	2	Shout “Fire, Fire, Fire!”	<i>Shouting “Fire” will warn others of the fire, but you must continue to get out of the house.</i>	3	Hold the back of your hand up to the door	<i>Check for heat. If the door is hot, there is a fire on the other side, and you need to take another escape route.</i>	4	Close doors behind you	<i>This helps stop the fire from spreading.</i>	<p>Discussion and Demonstration</p>
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		<p>5 Get out and stay out</p>	<p><i>Take the safest and quickest escape route. If you live in an apartment building or are at school, use the Exit Signs to help you find a safe exit. Once you are outside, never go back in for others, toys, or pets.</i></p>	
<p>6 Go to your safe meeting place</p>	<p><i>This is where you will meet your family and pet(s). Make sure the students know their safe meeting place at home. It may be their letter box, front gate, driveway, tree etc. Make sure the students know their safe meeting place at school.</i></p>			
<p>7 Call Triple Zero (000)</p>	<p><i>Use a mobile or neighbour's phone or ask an adult to call Triple Zero (000). Speak clearly, answer all questions, and stay on the phone until the operator tells you to hang up.</i></p>			
<p>8 Wait for firefighters</p>	<p><i>So that the firefighters know you are safe, and you can answer their questions.</i></p>			
<p><i>Great! Now, before we practice, who can tell me what this is?</i> Show the students the smoke alarm.</p> <p><i>What does a smoke alarm tell us?</i> That there is smoke in the room, and there might be a fire.</p> <p><i>The smoke alarm is very loud. Cover your ears and I will show you what it sounds like.</i> Activate smoke alarm.</p> <p><i>Ok, now we are going to practice our escape drill with the smoke alarm.</i></p> <p>Ask the teachers where the students can safely assemble. Use a real or pretend door so that students can practice feeling and closing the door. Ensure students demonstrate all eight steps in the correct order. You should complete this activity with the students.</p> <p><i>Pretend that your safe meeting place is [location chosen by teachers]. When I set the smoke alarm off, I want everyone to show us the safest way to escape if your house is on fire. Now, close your eyes and pretend you are asleep.</i></p> <p>Activate the smoke alarm. Ensure all students get the opportunity to practice.</p>			<p>Battery Operated Smoke Alarm</p> <p>Practical Activity and Demonstration</p>	

		<p><i>Well done. Let's go and sit down.</i></p> <p>What to do if you are trapped in your room.</p> <p><i>Now, what should we do if we are trapped in our room and we can't escape like we just did?</i></p> <p>Get a firefighter to demonstrate the following, using their PPC as clothing.</p> <p><i>If there is no smoke or fire in the room, but your door is hot and you are trapped in your room, shut your bedroom door. Make sure it is closed fully. Then, use your clothes or sheets to cover the gap under the door to stop smoke or fire from entering.</i></p> <p><i>If you have a window that you can open, open your window, hang a thin piece of clothing out of the window, like a shirt or pillowcase, then shut the window fully to reduce the amount of air going to the fire.</i></p> <p><i>Then lie down on your tummy in the middle of the room and wait for firefighters. We will see the piece of clothing and rescue you from your bedroom.</i></p> <p><i>If you cannot open your window, cannot close your window fully, or do not have a window, just lie down on your tummy in the middle of the room so that we can find you easily.</i></p>	<p>Discussion and Demonstration</p>
<p>Stop, Drop, Cover, and Roll Firefighter 4</p>	<p>5 mins</p>	<p>Stop, Drop, Cover, And Roll</p> <p><i>What should you do if your clothes catch on fire?</i></p> <p>Explain and fully demonstrate the following in the correct order:</p> <ol style="list-style-type: none"> 1. Stop where you are, freeze like a statue. 2. Drop to the ground and lay flat on the floor with your legs out straight. 3. Cover your eyes and mouth with your hands to protect your face. 4. Roll completely over one way then back the other way until the fire is out. <p><i>Everyone stand up and spread out. We are going to practice. Pretend your t-shirt is on fire. What do you do?</i></p>	<p>Demonstration</p>

		Make sure the students complete the above in the correct order and give feedback. You should demonstrate this activity with the students.	Practical Activity and Demonstration
Ask the Firefighters All Firefighters	3 mins	<p>Questions for Firefighters <i>Have you prepared any special questions to ask us?</i></p> <p>A few students should have been selected to ask you questions. Let the students ask their questions and answer accordingly. If not, give some students the opportunity to ask questions.</p>	Question and Answer
Congratulations and Take Home Kit All Firefighters	2 min	<p>Congratulations <i>Congratulations everyone! We are very impressed by how much you know about fire safety. Keep working hard and practicing your skills.</i></p> <p>Teachers may have printed certificates for the students. If they have, present the certificates with the Brigade Kids Activity Book and Home Fire Safety Visual Guide. If not, just present the students with the books.</p>	Certificates, Brigade Kids Activity Books, Home Fire Safety Visual Guides.